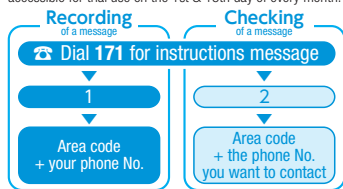




## How to Contact Family Members

### NTT disaster message board dial service

Although intended for a large-scale disaster, it is also accessible for trial use on the 1st & 15th day of every month.



### NTT disaster message board (Web171)

NTT provides an online message board for confirming someone's safety.

<https://www.web171.jp/web171app/disasterTop/?english>



### Google Person Finder

Google provides a Web site for confirming someone's safety.

<https://google.org/personfinder/japan?lang=en>



## In case internet or phone lines are not available

### Disaster prevention apps that can be used offline and the like.

Among smartphone applications that are useful during disasters, download in advance those that can be used offline.

### Use of public telephones and the like.

In the event of a disaster, it is said that public phones are easier to reach than cell phones. In an emergency, emergency telephones will be available at convenience stores and the like. Make a note of important telephone numbers in your notebooks.



### Gather accurate information by radio and the like.

Even if you cannot connect to the Internet or telephone, use the radio or TV to gather accurate information.



## Prepare for blackouts and water outages by utilizing the items around you.

It is anticipated that major earthquakes will cause damage to the infrastructure of daily life.

It is useful to check useful information in the event that electricity, gas, water and sewage services are not available.

Example: Simple lantern using a flashlight and plastic bag



Materials Flashlight, white plastic bag, scissors

Tie the handle of the white plastic bag over the flashlight around the body of the flashlight.

\* From the disaster prevention book "Tokyo Disaster Prevention" (compiled by the Tokyo Metropolitan Government).



## Emergency Evacuation Items

### Items Convenient if Prepared/Carried At All Times

- |   |   |
|---|---|
| <input type="checkbox"/> Cash (including coins)                         | <input type="checkbox"/> Address book (record contact information for family and friends) |
| <input type="checkbox"/> Individual number card (Health insurance card) | <input type="checkbox"/> Towel, bandages, gauze   |
| <input type="checkbox"/> Hand crank radio, light                        | <input type="checkbox"/> Rain gear (rain poncho, etc.)                                    |
| <input type="checkbox"/> Tissues, wet wipes                             | <input type="checkbox"/> USB cable charger for mobile phone                               |
| <input type="checkbox"/> Chocolate, candy                               | <input type="checkbox"/> Polyethylene garbage bags  |
| <input type="checkbox"/> Glasses/Contact lenses                         | <input type="checkbox"/> Oil-based marker   |
| <input type="checkbox"/> Student ID (driver's license, other ID)        |   |

### Other Items Necessary in Emergencies

- |  |  |
|--|--|
| <input type="checkbox"/> Deposit book                                      | <input type="checkbox"/> Seal                      |
| <input type="checkbox"/> Prescription medicines and Medication record book | <input type="checkbox"/> Clothes, underwear, socks |
| <input type="checkbox"/> Athletic shoes                                    | <input type="checkbox"/> Backpack                  |
| <input type="checkbox"/> Portable stove                                    | <input type="checkbox"/> Flashlight                |
| <input type="checkbox"/> Extra batteries                                   | <input type="checkbox"/> Candles                   |
| <input type="checkbox"/> Slippers  | <input type="checkbox"/> Toiletries                |
| <input type="checkbox"/> Disposable pocket warmer                          | <input type="checkbox"/> Emergency food, water     |
| <input type="checkbox"/> Emergency blanket                                 | <input type="checkbox"/> Portable toilets          |

memo

\* Write using an oil-based pen.

Protect yourself in case of emergency

# Earthquake Preparedness Manual

— Preparing for Earthquakes —



Usual preparation / contact information

In the event of a disaster

世界へ、そして未来へ  
**KU 神奈川大学**  
KANAGAWA UNIVERSITY

## As Soon as Earthquake Occurs

Stay calm and protect yourself first.

### Avoid Dangerous Objects

Move away from windows and shelves, and other objects that might shatter or have their contents fall out.

### Protect Yourself from Falling Objects

Protect your head and limbs by crawling under a desk or covering your head with a bag. If you are in an area with no falling objects, sit down.



### Find an Exit

People by doors should open them and establish an exit.



### Wait for Tremors to Calm

Ensure your safety, and then wait for the tremors to end.

### At Kanagawa University

- All buildings on campus have had earthquake resistance maintenance.
- The buildings will not collapse, but beware of falling objects.
- All the glass on campus has had shatter-proofing treatments.

## After Tremors Settle Down

### Check If Fires Occurred

If possible, help put out the fire to extent with the support of people around. However, do not overdo it, and if you sense danger, step away from the fire immediately.



### Check for Any Injured People

Help them to provide first aid and other measures with the support of people around.



### Evacuate to a Safe Place

Follow instructions on how to evacuate and move to an evacuation site. Do not move alone if at all possible.

### Do not use the elevator, use the stairs

If you are in an elevator, press the buttons for all floors and get off at the floor where it stopped. If you are locked in the elevator, use the "Emergency Call Button" or other means to contact the outside.



### Watch out for Smoke in Case of Fire

Cover your mouth with a towel or other cloth and bend down to avoid smoke inhalation.



### At Kanagawa University

- Elevators will stop and open doors automatically at the nearest floor when an earthquake of 4 or upper is detected. Afterwards, please use stairs to evacuate. In the event you are trapped in an elevator, pushing the emergency button will enable you to contact the university Security Center. Wait calmly for rescue.

## Remain at the University until safety is assured.

If you cannot secure your safety from fires or falling objects, evacuate to a safe place depending on the earthquake situation.

### Yokohama Campus

Evacuation Site: Grounds / Open Space (Near Bldg. 3)

### Minato Mirai Campus

Evacuation Site: Follow the emergency broadcast instructions.

### Confirming Safety

The safety of students and staff will be confirmed.

### Requests for Volunteers

During disasters, volunteer help may be requested depending on the situation. Please follow the instructions on the broadcast and the like and participate to the extent possible.

### Not Attempt to Return Home

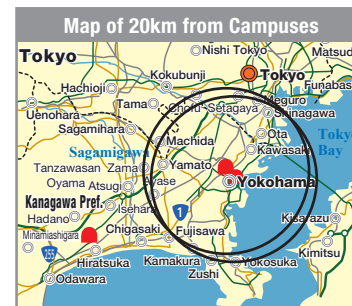
As a general rule, do not attempt to return home until the safety of your method to return home has been ensured and stay at the university or evacuation site.

### Guideline for Walking Home is Within 20km

If the earthquake occurs when you are on your way to/from university, the guideline for walking home is within 20 km.

### Beware of Inaccurate Information

Do not be misled by information or rumors on social networking sites, and instead gather reliable information from television and radio.



Action Flow  
After a Major  
Earthquake

Earthquake  
Occurs  
Protect Yourself

Is the  
place you  
are  
currently  
in safe?

YES  
Stay where you are  
NO  
Go to evacuation site

Confirm Safety  
with Family

Can you  
walk home?

YES  
Go home  
NO  
Go to  
evacuation  
site

Inform  
University of Your  
Safety

## Emergency information dissemination from the University

### Implementation of Confirming Safety

The safety of students and staff will be confirmed. When you receive a safety confirmation e-mail from the university, please respond as soon as possible.

### For Information during Emergencies

Check the Kanagawa University  
Emergency Information page.

<https://emergency.kanagawa-u.ac.jp/>



### [ Yokohama Campus ]

3-27-1 Rokkakubashi, Kanagawa-ku, Yokohama-shi, Kanagawa 221-8686

TEL: **+81-(0)45-481-5661** (Operator)

### [ Minato Mirai Campus ]

4-5-3 Minatomirai, Nishi-ku, Yokohama-shi, Kanagawa 220-8739

TEL: **+81-(0)45-664-3710** (Operator)

Yokohama Campus Evacuation Site



Earthquake Readiness  
— In Case of Emergency —

Smartphones and PCs may not be available during a disaster. Be prepared in case you cannot use the Internet.

- Check evacuation sites and routes. (e.g., near the University and around your home)
- Discuss how you will contact your family and where you will meet them.

- Check the location of public telephones along your route to the university and around the stations you frequently use.
- When a large number of people attempt to return home at once, many areas become congested, and it is important to check your surroundings and decide whether to stay there or go home.
- It is dangerous to move after sunset, with the risk of becoming targeted by criminals, and so avoid moving alone.

Date	Sunrise	Sunset
March 20	05 : 45	17 : 53
June 20	04 : 26	19 : 00
September 20	05 : 28	17 : 42
December 20	06 : 46	16 : 32

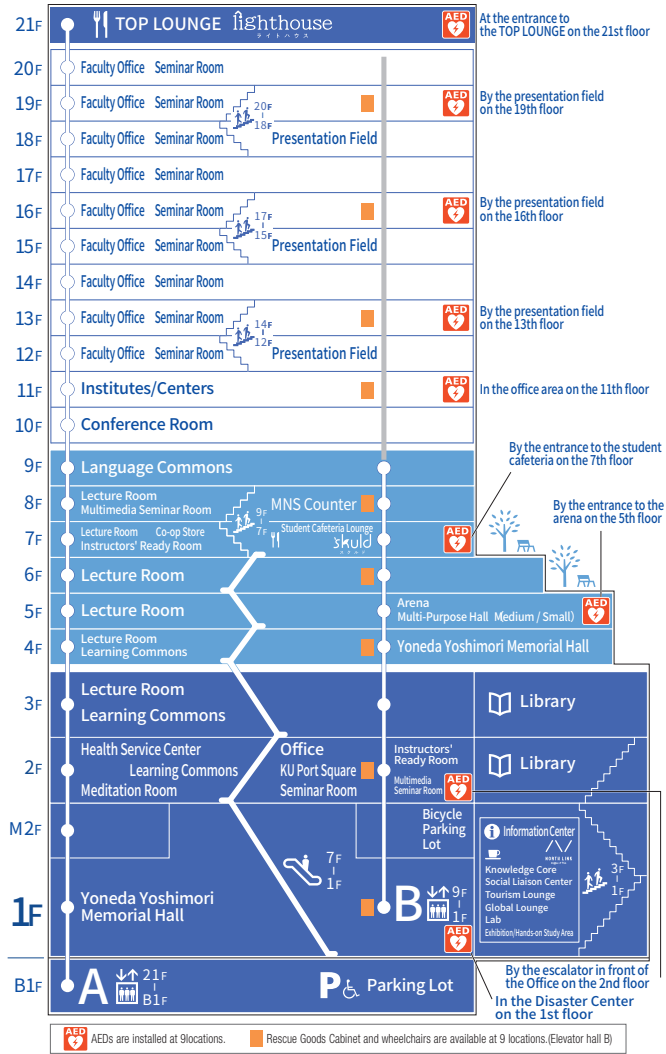
\*When the weather is poor, it becomes dark out 1 hour earlier.

Disaster Returning Home Assistance Stations

At the support stations for those attempting to return home during a disaster, you are expected to cooperate to the extent possible by (1) providing tap water, (2) using toilets, (3) providing road information by maps and the like, and information on passable roads obtained by radio or other means.

Convenience stores, restaurants, gas stations, and the like, are marked by the stickers on the right.

Minatomirai Campus Floor Guide



\*In case of whole building evacuation, evacuate to Grand Mall Park.

About Regional Disaster Prevention Centers, Emergency Shelters and Evacuation Centers

Yokohama City will open "Regional Disaster Prevention Centers" which have the function of designated evacuation centers (for those who have lost their homes due to the earthquake and cannot live there), supply goods and information to those living at home, and serve as a base for rescue and relief activities by local residents, when an intensity 5 or higher earthquake is observed.

Yokohama City Regional Disaster Prevention Centers

Designated Emergency Evacuation Sites and Evacuation Shelters in Yokohama City